

Virtual Care

First Stop Health



Enrolled first week of employment & Free to all Koch employees

You have 24/7 access to doctors and counselors via phone or video with telemedicine and virtual counseling. Both services are provided to all employees and their immediate family members for FREE.

Talk to a doctor 24/7

Get treatment within minutes for minor injuries, illnesses, and prescriptions.

- Cough & Sore Throat
- Infection (Sinus, Ear, UTI, etc.)
- Skin Rash
- Muscle/Joint Pain
- Medication Refill*

Talk to a counselor.

Sometimes, you just need someone to talk to. Talk to a licensed counselor to work through:

- Anxiety
- Depression
- Marital/Relationship
- Substance Use
- Work/Life Stress

*Doctors can write prescriptions when needed. Prescription costs are applicable to your medical plan.

Care at Your Fingertips, 24/7



**CALL OR VISIT
THE WEBSITE!**

(888) 691-7867
www.fshealth.com

**SIMPLE
VERIFICATION
QUESTIONS**

OR

GET THE APP 



SET UP IS EASY!

You will not need a username or password.
First Stop Health can find your account after you answer a few simple questions.